

Module specification

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Refer to guidance notes for completion of each section of the specification.

Module Code	SPC601
Module Title	Reflective Practitioner Special Topic
Level	6
Credit value	40
Faculty	SLS
HECoS Code	100095
Cost Code	GASP

Programmes in which module to be offered

Programme title	Is the module core or option for this programme
BSc (Hons) Coaching: Sport and Fitness	Core

Pre-requisites

N/A

Breakdown of module hours

Learning and teaching hours	6 hrs
Placement tutor support	10 hrs
Supervised learning e.g. practical classes, workshops	10 hrs
Project supervision (level 6 projects and dissertation modules only)	10 hrs
Total active learning and teaching hours	36 hrs
Placement / work-based learning	120 hrs
Guided independent study	244 hrs
Module duration (total hours)	400 hrs

For office use only	
Initial approval date	30/05/22
With effect from date	01/09/22
Date and details of revision	
Version number	1

Module aims

This module aims to:

- Enable students to negotiate critical and reflexive study at an advanced level which is relevant to their personal or professional development and field of practice / study or to employer requirements.
- Enables students to undertake reflexive enquiry into a selected topic, appropriately negotiated in relation to their chosen coaching sport or fitness specialism.

Module Learning Outcomes - at the end of this module, students will be able to:

1	Select an area of interest and critically rationalise the choice in terms of relevance to continuing professional development
2	Critically review a broad range of literature including empirical research appropriate to their chosen area of study
3	Critically analyse the emerging issues within their chosen topic and synthesise these to their practice.
4	To demonstrate the ability to critically reflect on practice within an applied setting

Assessment

Indicative Assessment Tasks:

The assessment will be the equivalent of 6,000 words. This will comprise of a 4,000-word equivalent negotiated learning submission accompanied by a 2,000 oral presentation.

Students will produce a piece of work that outlines emerging issues within the topic area. Students critically reflect on their experience within the selected setting(s) in relation to their own CPD. The student will keep a portfolio of reflective logs to be submitted as supporting evidence, using research-based models of reflection.

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

Assessment 1: Negotiated Learning

Assessment 2: Oral Assessment

Students will produce a piece of coursework that outlines emerging issues within the agreed topic area. Students will critically reflect on their experience within selected settings in relation to their own CPD. The student will keep a portfolio of reflective logs to be submitted as supporting evidence, using research based models of reflection.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1-3	Negotiated Learning	65
2	4	Oral Assessment	35

Derogations

N/A

Learning and Teaching Strategies

The module will be delivered using blended learning techniques and the university's Active Learning Framework (ALF). This will include in-person sessions, online video conferencing (synchronous content) and student directed online resources (asynchronous content). The use of workshops and practical exercises will allow students to understand the content and use of the processes being taught.

During WBL opportunities students will be required to complete and keep up to date pre-constructed Work-Based Learning Portfolios, details of these will be provided at the commencement of the module.

Students will, after meeting with the team and after the introductory lecture, be asked to choose a specialist topic area of interest, the deadline to do so will be by the end of November in semester one. They will then be allocated a member of the programme team as their subject area advisor and with the module leader, agree their special topic area. Students will be told they are to negotiate with their advisors, appropriate dates for meetings over the course of the academic year, a learning contract will be drawn up. The module tutor will make contact with the student whilst on placement which can be in the form of a formal visit, phone call or online meeting.

Indicative Syllabus Outline

The syllabus will include the following:

- Reflective Practice
- Negotiated Learning
- Continued Professional Development
- Evidence based practice
- Work based practice within coaching sport and fitness
- Contemporary topics within coaching sport and fitness

Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads

Bolton, G. (2018), *Reflective Practice: Writing and Professional Development*. 5th ed. Los Angeles

Costello, P.J.M. (2011), *Effective Action Research: Developing Reflective Thinking and Practice*. Second Edition. London: Continuum.

Other indicative reading

Knowles, Z., Gilbourne, D., Cropley, B. and Dugdill, L. (2014), *Reflective Practice in the Sport & Exercise Sciences: Contemporary Issues*. Oxon, Routledge.

Wilkinson, D., and Smith, P. (2020), *Coaching Adventure Sports*. Dursley, UK: Adventure Sports Media House.

Employability skills – the Glyndŵr Graduate

Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

Core Attributes

Engaged
Enterprising
Creative
Ethical

Key Attitudes

Commitment
Curiosity
Resilience
Confidence
Adaptability

Practical Skillsets

Digital Fluency
Organisation
Leadership and Team working
Critical Thinking
Emotional Intelligence
Communication